

Phi Kappa Phi



BYU Chapter Newsletter
Spring 2022

The Phi Kappa Phi Chapter Needs Your Service!

We need faculty and staff who are members of Phi Kappa Phi to volunteer to serve as officers, college liaisons, and nominators for our awards. Anyone who is interested in serving in Phi Kappa Phi, please contact Timothy Smith (tim_smith@byu.edu) or Marianna Richardson (mariannari@hotmail.com).

Inside this Issue

President's Message	1
Vice Presidents' Message	3
Distinguished Faculty Lecture	3
Recent Chapter Activities	4
Induction Ceremony Highlights	5
Award Recipients	8
Grant & Award Deadlines	11
2022 Initiates	12

President's Message

Benefiting from Phi Kappa Phi



Q: What have I gained from Phi Kappa Phi?

A: Too many benefits to count. How do you quantify friends, mentoring, or confidence?

I have loved Phi Kappa Phi. It's motto, "Let the love of learning rule humanity," provides guidance for our local challenges and global conflicts. At BYU, we would say that we need to learn all we can to go forth to serve all we can. I love how Phi Kappa Phi and BYU both elevate my ambitions above self-interest.

"What's in it for me?" is the prime motive of our age. BYU and Phi Kappa Phi offer us better possibilities not only for ourselves but also for ages to come. "What's in it for 'we' (us)?" is the antidote to the ceaseless swiping of cell-phones, fruitlessly searching: "What's in it for me?"

I am a psychologist. Psychotherapy, among other things, helps reduce self-focused rumination. Consistent self-indulgence is antithetical to long-term happiness. What my own research and thousands of other studies have found is that we need others to be happy. We need to give, to learn, to love. The famous three-word summary of a 75-year research project (The Grant Study, Harvard University) is "*Happiness is love.*" Humanity thrives when we live for others.

"Who am I learning for?" is what Phi Kappa Phi and BYU make crystal clear. Humanity needs us—specifically, you. You. Right now, people need to know what you have learned and can share. Emotional or intellectual, whatever support you share is needed. Right now, who could benefit from your support?

In Phi Kappa Phi, we help one another. Our student council organizes regular community service projects and activities. Our faculty mentor students for future success. The many scholarships we provide benefit not merely bank accounts but future accountants, astron-

omers, and artists. In Phi Kappa Phi, we want to help you.

If you've read this far, then you have not merely read but also felt our message. Let that feeling grow to become action. Whoever you feel to help, contact them. Whatever self-doubt has held you back from happiness, replace it with an assurance that you are needed—humanity needs your light. Whenever you doubt yourself, trust in the good that can be done. We are not individuals in isolation. We are bound together too deeply to use any word except eternal. Let the love of others guide your learning. Let all humanity learn to love. Let the love of learning rule humanity. Greek translation: *Philosophía Krateítō Phōtōn*

Invitations:

- Peruse the national website phikappa-phi.org for 5 to 9 minutes, and you will find benefits of all kinds
- Attend a BYU chapter activity or join the student council (contact mariannari@hotmail.com)
- Bring along friends, encouraging them to join Phi Kappa Phi if they were invited
- Act on the positive impressions you feel
- Check out the this [awesome video](#) created by our own student Phi Kappa Phi members

Timothy Smith

BYU Chapter President
Phi Kappa Phi



Student Vice Presidents' Message



We hope that you all have enjoyed the in-person events we have held this academic year! We hope we are making your Phi Kappa Phi experience at BYU enjoyable and more than just another line on your résumé.

The mission of Phi Kappa Phi is to recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.

Specifically, at our chapter of Phi Kappa Phi at BYU, we try to provide our members an opportunity to service, to develop professionally, and to grow your network.

We kicked off the school year with an opening social in September where our members had the great opportunity to meet other members in our chapter and to develop friendships. In October, we had a Grad Fair Night where we learned how to be competitive applicants to graduate school. In November, we were able to provide service to a Leadership Academy to help kids improve their English and Spanish literacy skills. We finished off the semester with a Trivia Night in December with another opportunity to network with other members of

our chapter.

During winter semester, we enjoyed J.Dawgs and snacks during our January student council social, we had a Bob Ross Painting and blind taste testing night in February, and a service project in April to clean up trash at Utah Lake.

To gain the most out of your Phi Kappa Phi experience, we encourage you to get involved and take advantage of our many opportunities to learn and serve.

Abby Thatcher and Alex Reed

*BYU Chapter Student Vice Presidents
Phi Kappa Phi*



2021 Distinguished Faculty Lecturer Award

Stephanie Foster Breinholt, the Artistic Director of BYU Theatre, provided the Phi Kappa Phi Distinguished Faculty Lecture on Thursday, November 11, 2021 entitled *Cultivating an Individual Voice in a Collaborative Art: A Theatre Director's Journey*



A video recording of Professor Breinholt's lecture is available at: <https://tinyurl.com/BYUPKPLecture>

Stephanie Foster Breinholt has recently been appointed the new Artistic Director of BYU Theatre. She previously served for 8 years as the BFA Acting Program Area Head. She teaches a range of voice and acting courses, and she mentors directing, design, and acting students. She is a nationally recognized director and award-winning educator, having received national commendations from the Kennedy Center American College Theatre Festival, the National Alliance of Acting Teachers, and the Association for Theatre Higher Education. Breinholt is also an award-winning professional stage actor, voice over artist, voice and dialect coach, and designer. She directed BYU's recent production of *Pride and Prejudice*.



Recent Chapter Activities

Grad Fair Night

In October, we had a Grad Fair Night where we heard from three excellent speakers who gave advice on applying to graduate school. Our speakers were current BYU professors



Dr. Timothy Smith and Dr. Marianna Richardson, and current BYU graduate student, Kathy Donahey. We got advice on how to improve our LinkedIn accounts, how to transition from undergraduate to graduate school, and how to be a competitive graduate school applicant.

Service Project

In November, we teamed up with Family Literacy, a Y-Serve organization to provide ser-



vice to students who attend the American Leadership Academy in Spanish Fork. We were able to help kids develop their literacy skills in English and Span-

ish. This service included teaching students that just moved from Spain how to read and write in English.

Christmas Party

Toward the end of fall semester, we hosted a chapter Christmas party. Chapter members were able to take a break from preparing for finals to relax, eat some good food, and get to know other Phi Kappa Phi members. We also played some really fun trivia games.



Student Council Social

In January, we held a student council meeting and social. In addition to enjoying delicious



J.Dawgs, BYU Phi Kappa Phi members were able to socialize with other student members and collaborate on planning some amazing activities for the rest of the semester.

Bob Ross Painting and Blind Taste Testing

In February, we hosted a Bob Ross painting and blind taste testing chapter social. This was a fun event and provided student members with a great break from studying for mid-terms.



Utah Lake Clean-Up Service Activity



On the reading day in April, we hosted a service project to help pick up trash around Utah Lake. This was a great opportunity to give back to the community and to get a little outdoor break before heading into finals.



Highlights from the 71st Annual BYU Phi Kappa Phi Induction Ceremony March 17, 2021



Inductions

In total, 192 candidates were inducted at the Spring Banquet: 9 faculty members, 46 graduate students, 60 senior students, and 77 junior students.

Keynote Address:

Brigitte C. Madrian
Dean, Marriott School of Business

Dr. Brigitte C. Madrian, Dean of the BYU Marriott School of Business delivered the keynote address at the 2022 annual induction banquet, entitled *The Desires of Our Hearts*. Dean Madrian's remarks



are provided below:

Rites of passage such as the one today often serve as an impetus for reflection. The invitation to speak to you tonight has caused me to reflect on my experience as a student at BYU many, many years ago. I left BYU in 1989 and spent the next 30 years in Boston, Chicago and Philadelphia before returning in 2019 to assume my current position. My last three years here have been transformational in ways that I would have never predicted. I am so grateful to be here at BYU, and grateful for the many experiences in my life that brought me here today.



As you reflect on the things that have you brought you here today, I invite you to consider another type of reflection that is also appropriate at this time in your lives.

As some of you know, especially if you've been to my office, I am a huge Harry Potter fan. The Mirror of Erised is one of the more intriguing magical artifacts in the wizarding world of Harry Potter. Erised is the word *desire* spelled backwards, as if reflected in a mirror. This ancient, ornate mirror reflects back not the visage of the viewer but the “deepest, most desperate desires of our hearts.”¹ When Harry, who was orphaned as a toddler, first looked into the mirror, he saw his parents and his extended family. When his friend Ron Weasley looked into the mirror, he saw himself as both a Quidditch captain and as head boy of the Hogwarts School of Witchcraft and Wizardry.



What would you see if you were to look into the Mirror of Erised? What is the deepest desire of your heart?

Are your deepest desires rooted in the things trumpeted on the front page of *The New York Times*? Getting accepted into a top graduate school? Finding a more prestigious employer? Moving to a more affluent zip code? Things that comprise what President Dallin H. Oaks referred to as



“that worldly quartet of property, prominence, pride, and power”?² Or are your deepest desires focused on things of eternal consequence?

The answer to this question is crucial, because as President Oaks further noted: “Desires dictate our priorities, priorities shape our choices, and choices determine our actions.”³ The result, as described by Elder Neal A. Maxwell, is that “what we insistently desire, . . . we will eventually become.”⁴ Such is the power of our desires.

I previously recounted the first thought-provoking encounter that Harry Potter had with the Mirror of Erised. His second encounter with the mirror is also



revealing. In this encounter, Harry is trying to prevent the Sorcerer's Stone from falling into the hands of Professor Quirrell and Lord Voldemort. The Sorcerer's Stone has two astonishing powers: it can “transform any metal into pure gold,” and it “produces the Elixir of Life, which will make the drinker immortal.”⁵ The Mirror of Erised has been enchanted to hide the stone from any who would look into the mirror and desire the stone for personal gain. It can only be released to someone whose motives are pure—whose deepest desire is to obtain the stone but not to use it for his or her personal benefit.

The Lord desires to bestow on us both eternal life and treasures in heaven, but to receive these blessings, our motives must be pure and the desires of our hearts must be set upon the things of God rather than the things of the world. The promise to us is “seek ye first the kingdom of God and his righteousness, and all these things shall be added unto you.”⁶



The blessings of our righteous desires can be immediate as well as eternal. President Russell M. Nelson taught that “the joy we feel has little to do with the circumstances of our lives and everything to do with the focus of our lives.”⁷ Where should we focus our desires in order to experience the joy of which President Nelson speaks? We find the answer in the exhortation of the prophet Mormon to the Nephites to “pray unto

the Father with all the energy of heart . . . that ye may become the sons [and daughters] of God; that when he shall appear we shall be like him.”⁸ Our overarching desire should be to become like our Lord and Savior Jesus Christ.

In a world that bombards us by the minute with the lure of “property, prominence, pride, and power,” how do we obtain and maintain a pure heart, one set on the Savior rather than on the things of the world? Our most revealing Mirror of Erised moments come as we humbly ask Heavenly Father to bless us with the spiritual gift of discernment so that we can better see ourselves as we truly are: our strengths, our weaknesses, and our true desires. This type of honest self-reflection requires great courage and will likely not deliver an Instagram-worthy photo, but it will result in the awareness that is a necessary precursor to change.



The next step in purifying our hearts is that we must desire to change. Sometimes desiring to change is a bigger battle than change itself, because it involves relinquishing the comfortable, self-serving desires of the world that cement us where we are. In addressing the process of developing faith, Alma encouraged the Zoramites to start with a simple desire to believe, which if planted and nurtured with care would begin to grow.⁹ So too with the desires of our hearts. We can seek to replace our telestial desires with celestial desires. Heavenly Father will assist us in this effort if we invite him through humble prayer to shape our desires and help us to cultivate a pure heart.



We then act in faith to nurture those fledgling desires as we live the gospel of Jesus Christ and cleave to our covenants. With these actions, our celestial desires will blossom and grow, and eventually take root in our hearts. And then we begin the process anew by placing ourselves again before our spiritual Mirror of Erised for another round of self-reflection, more clearly seeing both the progress we have made and what we ought to work on next. I encourage you to locate your spiritual Mirror of Erised in a place where you will see it—and yourself reflected in it—often. Over time,

this process of recognition and repentance will lead to an alignment of your desires with God’s will so that your desires will be precisely what Heavenly Father wants for you.¹⁰ The peace that comes when that happens is truly a rich blessing and will bring you the joy that President Nelson spoke about and that Heavenly Father so earnestly wants for each one of you.



Let me tell you about one of my Mirror of Erised moments. Back in 2018, shortly before starting my job here at BYU, I retained the services of an executive coach. A year ago, she suggested that it might be time to do a 360-degree performance evaluation in which we solicit feedback on my job performance from those I report to, those who report to me, and peers in similar positions from across campus with whom I work. And so we invited 16 individuals to fill out a 100+ question survey instrument designed for this purpose. A few weeks later I received back a 92-page report detailing the things that I was doing well along with the many, many things on which improvement was needed. My first reading of the report was discouraging. Did I really have so many weaknesses? I had a choice to face. Was I going to focus my attention on the positive things in the report to assuage my ego, or was I going to focus on the areas in which I needed to improve and undertake the difficult work that would have to follow? What were the desires of my heart?



I was grateful that the report arrived the week of Easter which gave me some much-needed eternal perspective. After taking a few days to process the feedback, I was able to look into my Mirror of Erised and, to paraphrase a quote by Elder Jeffrey R. Holland in his April 2020 General Conference talk “A Perfect Brightness of Hope,” decide that “[I] did not come this far only to come this far.”¹¹ I did not give up a job at Harvard that I truly loved, living in Boston, a city that I truly loved, to come to BYU and be afraid of change. I came this far not to be, but to become, to become a better



leader, to become a better disciple of Jesus Christ. The reflection staring back at me in the Mirror of Erised was a better version of me, a Brigitte Madrian polished and refined through the love and grace of Jesus Christ.

As you look forward to a bright and hopeful future, I pray that the desires of your heart will be directed toward the things of eternity. I pray that you will find joy in doing good and serving others. And I pray that your faith in and testimony of the Savior will grow as you strive to keep your covenants and become like Him. May God be with you every step along the way of the exciting journey that lies ahead. In the name of Jesus Christ, amen.

References

1. J.K. Rowling, *Harry Potter and the Sorcerer's Stone*, (New York: Scholastic Press, 1998), 213.
2. Dallin H. Oaks, "Desire," April 2011 general conference.
3. Ibid.
4. Neal A. Maxwell, "According to the Desire of [Our] Hearts," October 1996 general conference.
5. J.K. Rowling, *Harry Potter and the Sorcerer's Stone*, 220.
6. 3 Ne. 13:33.
7. Russell M. Nelson, "Joy and Spiritual Survival," October 2016 general conference.
8. Moroni 7:48.
9. See Alma 32: 27-28.
10. See Colossians 1:9.
11. Jeffrey R. Holland, "A Perfect Brightness of Hope," April 2020 general conference.



BYU Chapter Award Recipients

2022 Distinguished Service Award

Dr. Susan S. Rugh received the Phi Kappa Phi Distinguished Service Award for her significant contributions to Brigham Young University and for being a staunch supporter of the BYU chapter of Phi Kappa Phi. Dr. Rugh



will conclude her service as Dean of Undergraduate Education at BYU this year. She holds a BA in History from BYU, and earned a PhD from the University of Chicago in American History. Dr. Rugh has been a professor of history at BYU for 20 years. Her most recent book is *Are We There Yet? The Golden Age of American Family Vacations*, which received national attention for its nostalgic yet hard-hitting portrayal of road trips in postwar America. Her current book project, *No Vacancy: The Rise and Decline of American Motels*, is a cultural history of roadside lodging from the old mom-and-pop tourist courts to today's landscape of family-owned corporate franchises and quirky independently-owned motels.

2022 Honored Member Award

Dr. Brigitte C. Madrian, Dean and Marriott Distinguished Professor in the Brigham Young University Marriott School of Business, received the 2022 Phi Kappa Phi Honored Member Award and provided the keynote address at the induction banquet. Dean Madrian first attended BYU as a 4-year-old in the child lab preschool program, and many years later graduat-



ed with both a bachelor's and master's degree in economics. She subsequently received a PhD in economics from MIT and went on to hold faculty positions at Harvard University, the University of Pennsylvania, and the University of Chicago, before returning to BYU in 2019 to assume her current position.

Dean Madrian's research focuses on behavioral economics and household finance, with a particular focus on household saving and investment behavior. Her work in this area has impacted the design of employer-sponsored savings plans in the U.S. and has influenced pension reform legislation both in the U.S. and abroad. She is a three-time recipient of the TIAA Paul A. Samuelson Award for Scholarly Research on Lifelong Financial Security.

Dean Madrian and her husband David have two daughters, both in college, and live in Highland, UT. In addition to her job which she loves, Dean Madrian enjoys traveling, walking her dogs, doing jigsaw puzzles, and playing the daily New York Times "Spelling Bee."



National Award & Grant Recipients

Phi Kappa Phi National Fellowship

Each year the national Phi Kappa Phi organization awards fifty-four graduate fellowships of \$8,500 each, six at \$20,000 each, and two at \$35,000 each to members entering the first year of graduate or professional study. Each

chapter can choose one nominee to represent the chapter in the fellowship competition.

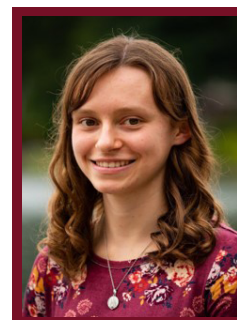
2022 National Fellowship

Nominee



Matthew R. Allen

Runner Up



Amy E. Hayward



Chapter Scholarship & Grant Recipients

Chapter Scholarships

Each year, the BYU Chapter of Phi Kappa Phi awards multiple full-tuition scholarships for one semester to undergraduate chapter members. These scholarships are made possible by the generous endowments from Ruth Brasher and Carol Ellsworth. Carol (*left*) and Ruth (*right*) are retired BYU professors in Home Economics and have been supportive of Phi Kappa Phi for many years.



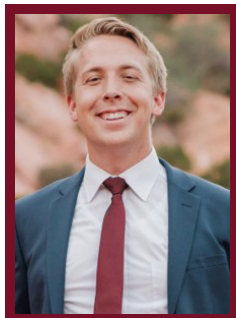
2021-2022 Scholarship Recipients

Brasher Scholarship



Darien B. Reed

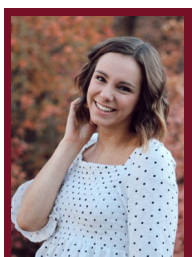
Ellsworth Scholarship



Justin D. Morwood

2022 College Competition Winners

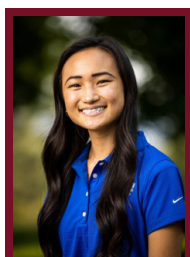
Family, Home & Social Sciences



Megan Brown

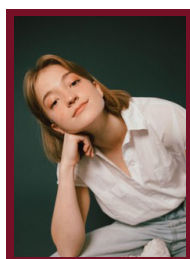


Eliza Peterson



Suzy Yi

Fine Arts & Communications

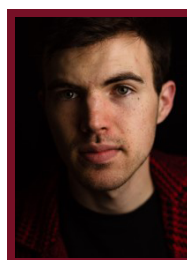


Hannah Hardy

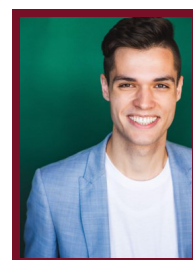


Isaac J. Richards

Humanities



Joseph Rowley

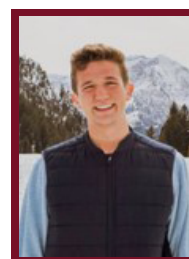


Devin Glenn

Life Sciences



Lisa Caitlin
Silva



Dashiell Miner

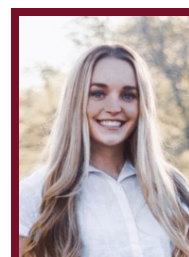


Emma Nilsson
Read

Nursing



Jadison
Christenson



Eliza Schmidt



Katherine
Cammack-Huefner

J. Reuben Clark Law School



Matt Johnson



Jennifer Kimball

Marriott School of Business



William Dixon



Kirstyn Tureman

McKay School of Education



Anthony Bates



Upcoming Grant & Award Deadlines

Love of Learning Award

Deadline: 30 June 2022

Two hundred awards, at \$500 each, are distributed each year and help fund post-baccalaureate studies and career development, including graduate or professional studies, doctoral dissertations, continuing education, travel related to teaching/studies, and more. For more details see: <https://www.phikappaphi.org/grants-awards/love-of-learning>

Dissertation Fellowship

Deadline: 30 November 2022

Ten Dissertation Fellowships of \$10,000 each are awarded annually to active members who are doctoral candidates and are completing dissertations. The fellowship supports students in the dissertation writing stage of doctoral study and is for 12 months of dissertation writing. For more details see: <http://www.phikappaphi.org/grants-awards/dissertation-fellowship>

Graduate Research Grant

Deadline: 30 November 2022

Twenty grants of up to \$1,500 are available each year to members attending graduate school to provide funding for research in support of career development opportunities, such as conducting or presenting research. For more details see: <https://www.phikappaphi.org/grants-awards/graduate-students/graduate-research>



2022 Phi Kappa Phi Initiates

FACULTY/STAFF

Wendy C. Birmingham
Shayla Bott
Stephanie Foster Breinholt
Lisa M. Jones Christensen
Mikaela Dufur
Benjamin M. Galvin
Shaunna H. George
Daidre Ann Hulick
Shannon S. Pexton

GRADUATES

Aaron Troy Anderson
Genevieve Mildred Osmond
Baker
Connie J. Broadbent
Elizabeth H. Brown
Jaret Burbank
Talia A. Casares de la Rosa
Chester Davison
Alex Dolphin
Logan Edvalson
Diana White Esplin
Jacob D. Fairholm
Riley Chad Hales
Danielle Wardinsky
Hallows
Andrew Haviland
Jarom Joseph Hyde
Faith Welch Jennings
Matthew Scott Johnson
John Krapohl
Shalyn Larsen
Christina R. Lewis
Dallin F. Lundin
Bret Lyman
Najma Mathema
Jalene Holbrook McDonald
Heidi A. Nelson
Mary-Elise Nielsen
Rachel Tomco Novak
Elaine H. Parry
Giovanna M. Pope
Alicia Luong Powell
Karie D. Powell
Melody Pulu
Delsa Richards
Lauren Rigby
Adelynn V. Roney
Jennifer Hess Schill

Kassandra Ileana Schreiber
Kimber Palmer Shepard
Katie Smith
Megan Chrstine Swanson
Cindy Sweat
Christina Triptow
Linda Villarreal
Candice Walker
Candice M. Ward
Avalon White

SENIORS

Jacob Anderson
Chloe Atkins
Bruce Eugene Averill
Emma K. Bayless
Nathaniel Ray Bennett
Lillian Grace Bills
Samantha K. Bostwick
Lucy Bowden
Darren Mark Bradley Jr.
Megan Brown
Audrey Buckley
Bailey Calder
Kyle Schindler Cannon
Jadison Christenson
Jeffrey Clancy
Mikel Cressman
Kezia Dearden
Jaidyn Farar
Joseph Farnworth
J. Levi Foster
Kira Gedris
James T. Gentry
Devin Max Glenn
Megan K. Hansen
Hannah Hardy
Amy Mitchell Hayward
Katherine Huefner
Brooke E. James
Charity C. Jennings
Samantha Knutson Jex
Ashley Johnson
Verity L. Johnson
Kayla Keiser
Skyler Knadler
Jenna Elisabeth Knaupp
Sara Linderman
Adam Malmberg
Madison Maloney
Madison E. Martini

Anika Meyers
Charity Monroe
Zachary Moore
Megan Pearson
Ashlynn F. Pittard
Taylor James Pool
Emma Noell Read
Rebekah Rough
Eliza Schmidt
Shelby Seipert
Benjamin Jeffrey Shafer
Connor Shumway
Caitlin Silva
Matthew Spataro
Rose Taylor
Jens Watts
Kristen L. Whitehouse
Hannah Marie Wilson
Linden Young
Verónica Zayas
Sarah Jane Zenger

JUNIORS

David Abbott
Gwyneth Allen
Brendan Armstrong
Cameron Corry Asay
Maryanne Atkinson
James Baird
Alexandra Beecroft
Jessica Boekweg
Bailey Broadhead
Parker R. Carlquist
Eric Sterling Cheney
Michael John Clark
Katelyn Cline
Jacob Cressman
James Davis
Elizabeth Day
Adam DeFord
Stephen Dixon
Claire Farnsworth
Mary Freeman
Nicholas Freeman
Megan E. Gabrielson
Brandi Gantt
Renee Gastelum
Samuel Zachary Goodson
Margaret Granger
Vincenzo M. Gunson
Thomas Hall

Margo Elizabeth Hammond
Caleb Harding
Ashlyn Hastings
Emma Hebertson
Nathan Henstrom
David Nathanael Higham
Chad Hyer
Tim Jack
Thomas Jenson
Topher Johnson
Timothy Kelleher
Claire Noelle Keller
Joshua Kelley
Melissa A. King
Ashlin Lee
Hunter Lindsay
Loh Derui Wendell
Dashiell Miner
Jake Murphy
Tustin Neilson
Alexander J. Nelson
Maxwell P. Nielsen
Justin L. Ockey
Ryan Packham
Garrison Peck
Lydia Petersen
Eliza Kay Peterson
Grace Pingree
Alexander Radle
Charles Junius Reid
Sofia Schofield
McKay Smith
Nicholas Hyrum Smith
Hailey Steinagel
Kent Matthew Stepan
Luci Sullivan
Ty M. Tenney
Kate Thomas
Emma Thompson
Max W. Topham
Ryan David Van Slooten
Parker Samuel Waters
Kasiah Wilkins
Stephen Johnatakis
Williams
Joel T. Woolley
Julia Woolley
Jesse Eames Wright
Suzy Yi
Jorge Zamudio Bermejo

